



 GREEN
Chose plenty

 AMBER
Select carefully

Please write your lunch order on a paper bag
and include:

- Your name
- Class room number
- Food and drink order
- Amount of money enclosed

Place lunch order bag with money enclosed
in your class room lunch box before 9am


Lunch bags can be purchased from the canteen
for 5cents each

CANTINEEN MIENTO
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Term 1, 2018
Open Tuesday, Wednesday and Thursday
9am to 1:30pm




Fresh Sandwiches, Rolls & Wraps

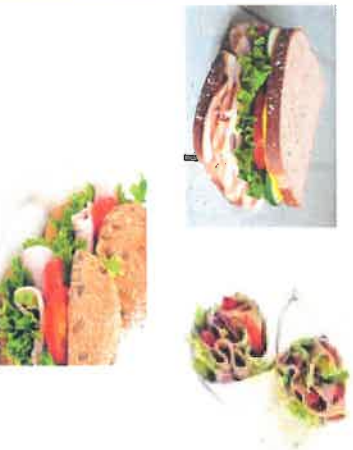
 Salad Sandwich – with your choice of ham, chicken, roast beef or egg
Mescaline lettuce, tomato, cucumber, mayonnaise

Or make up your own sandwich combinations



















-  Ham, Chicken, Roast Beef or Egg \$3.10
-  Cheese \$2.60
-  Vegemite \$2.60
-  Honey \$2.60
-  Extra Fillings each \$0.50
Tomato, cucumber, mescaline lettuce, cheese, gherkins
-  Spreads each \$0.30
Mayonnaise, vegemite, honey, mustard
- Made on a roll, wrap or gluten free bread* add \$0.80
- Toasted* add \$0.30

Salads

 Cold Meat or Egg Platter \$4.10
Ham, chicken, roast beef or egg with lettuce, tomato, cucumber, carrot and cheese















Hot Food

-  Beef Pie \$3.10 with sauce \$3.20
-  Pasty \$3.10 with sauce \$3.20
-  Sausage Roll \$2.50 with sauce \$2.60
-  Hot Dog \$2.60 with sauce \$2.70
-  Half Hot Dog \$1.40 with sauce \$1.50
-  Yumbo \$3.10
-  Pizza \$2.10
Ham and pineapple
-  Chicken Burger \$3.90
With lettuce and mayonnaise
-  Chicken or Fish Wrap \$3.90
With crumbed chicken or fish strips, lettuce, tomato and mayonnaise
-  Beef Lasagne \$3.50
Home made
-  Chicken Meatballs \$3.50
Home made
-  Chicken Curry \$3.50
Home Made
-  Gnocchi \$3.50
Home made
-  Chicken Goujons \$1.90
3 per serve
-  Chicken Nuggets each \$0.80
-  Potato Nuggets \$1.60
10 per serve
-  Fish Fingers each \$0.80
-  Corn on the Cob each \$0.90



Drinks

-  Spring Water \$1.00
-  Fruit Juice \$1.90
apple, orange, apple blackcurrant, multi fruits, apple mango banana
-  Nippy's Flavoured Milk \$1.90
250ml
Chocolate, Strawberry, Honeycomb
-  Hot Chocolate \$2.20
375ml
Chocolate, Strawberry, Honeycomb, Vanilla
-  Hot Chocolate \$2.50
Place order on lunch bag and collect from canteen at lunch time
-  Chips & Grainwaves \$1.10
-  Popcorn \$0.20
-  Assorted Home Made Cookies \$0.60
-  Home Made Pikelets \$0.20
-  Home Made Muffins \$1.00
-  Seasonal Fruit \$1.00
banana, pear, apple, mandarin, orange, kiwi fruit
-  Assorted Ice Blocks from \$0.20



Snacks

